

# growing gracefully

Foss Home and Village

Fall 2023



## ***A Whole New Level — Memory Care in the Village***

Since its inception in 1929 Foss has strived to deliver appropriate, quality, and affordable care to our community. As the population has changed, so have our levels of care. Currently there is a growing demand for different types of memory care assistance. We are excited to announce that coming soon a cottage in our Village will be providing personalized services to meet the needs of our Residents with mid stage dementia.

The newest step in our continuum of care will have tailored activities such as SAIDO Learning, an intentional and individualized cognitive and social program which supports Residents through the challenges of memory loss and is already being used in our “Home” — long term care.

The life enrichment plan will also provide ways to enjoy music and other creative pursuits, moments for relaxation and guided movement as well as celebrating each day. All services in the Cottage will be structured to maximize abilities and provide support in areas where assistance is needed.

We look forward to showing you our newly renovated cottage designed to accommodate people with memory and physical challenges. The 356 square foot units feature barrier free showers, grab bars, and slip resistant floors to encourage autonomy and communal living areas and secured outdoor spaces to promote community and socialization.

If you are interested in seeing our new memory care cottage, please get in touch with Dani for a tour at **206-514-6971**

For more information about SAIDO Learning go to **[saidolearning.com](https://saidolearning.com)**



Over this past month, I had the opportunity to participate in outdoor BBQ parties for employees and residents and their relatives. These events were true blessings for me as they allowed me the opportunity to meet and talk with people I do not see on a regular basis. Without exception, all residents and family members were so grateful for the care and services they received from our staff members. The employees I spoke with were grateful for being a part of the Foss family. The folks running the BBQ worked hard to ensure everyone was having a good time. I even had someone from the culinary team rate me on my serving skills-she wanted to make sure the residents were receiving top tier customer service!

In the course of my numerous discussions, I spoke about the affiliation between Foss and eliseo that occurred almost 18 months ago and the reasons behind the connection. When the affiliation was completed, we also created a parent corporation to provide resources to both campuses so that our staff members are fully equipped to meet the needs of those we serve. It was during these discussions that I realized most people were not aware of the parent corporation and what it represents so I thought I would share this information with you.



The name of the parent corporation is Futura Age. Its' mission is "Providing Leadership to our Family of Senior Communities." The Vision Statement is "Guided by faith based, non-profit principles, Futura Age will empower our communities to provide a welcoming environment for seniors to thrive." Powerful words and an incredible responsibility to those we serve, which we take seriously. There are currently 5 employees at Futura Age: David Hoffman, Vice President of Finance, Queniya Lassiter, Chief Human Resource Officer, Chris Stover, Chief Marketing Officer, Hayli Walker, Executive Assistant and me. We all work to support the staff at both campuses by making sure they have the resources they need to provide high quality programs and services.

"Leadership is service, not position..." Tim Fargo. This is Futura Age. We are here to serve our communities.

I look forward to seeing you again as I travel the hallways and sidewalks of Foss. We have a truly special community and appreciate all the support that continues to be shown by residents, families and staff members. Thank you.

**R Kevin McFeely, President**



**James Lynch, Environmental Services Director**

Growing up I spent many enjoyable times volunteering and fundraising for the residents of Foss Home and Village as a member of the Queen Anne Lutheran Congregation. Because of this connection I was excited for the opportunity to join Foss to lead the Facility Department in August of 2022.

After a decade managing companies that provided delivery logistics for the interior design community of Seattle, I came to the realization the industry didn't provide the fulfillment I needed. I began looking for purpose driven work which led me to roles in Senior Assisted Living. I started with Aegis Living on the Regional Maintenance team then later with MBK in Mountlake Terrace. While I enjoyed working in the industry, I still felt like something wasn't right. I realized one day that I believe

our seniors should have access to quality care, regardless of access to money. So, when the opportunity to join Foss, a non-profit came, it felt like a calling. I'm incredibly excited for where we're headed as an organization and our ability to continue providing quality care for our seniors. Away from Foss, I enjoy spending time with my family, hiking and sculpting.



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