growing gracefully

Foss Home and Village Fall 2019

Foss Home and Village 1929 - 2019

Transforming Lives with Dignity and Grace

I Wish I Had Known Him

By Kim Hardwick

Last year we started brainstorming about how to commemorate and celebrate 90 years of compassionate care at Foss Home and Village. I knew some of the history of Foss, and a bit about Dr. Foss' life, but had no idea the impact he, and his work, had on so many people.

I was struck by Dr. Foss' positivity, innovative thinking and generosity, and how everyone around him modeled those traits. After reading through the minutes from the Lutheran Welfare which began in 1925, through the formation of the L. C. Foss Sunset Home, to the Foss we all know today, there was no wavering in this dedication.

His life's purpose, his commitment to give and always finding a way, was to be admired. Of course, there wasn't a day-by-day diary, so I had to believe there were times that he felt challenged or discouraged, but there was never a hint of that in all the readings I found. There were numerous times, over this past year, that I commented how much I would have liked to have met Dr. Foss.

Both the Lutheran Welfare, and later the L. C. Foss Sunset Home, engaged and impacted the larger community. When times were hard, there were concerts, bake sales and asks for financial help, food or linens. There were times during the L. C. Foss Sunset Home years, when the future of the 'home for the elderly' was in question. At board meetings, there was talk on whether the welfare work could continue. But it seemed when those conversations came up and were noted in the minutes, at the next meeting it was business as usual. After Dr. Foss passed away, the passionate work continued in the memory of L.C. Foss.

As we move toward our 100th year, we will continue to provide compassionate care, while always finding a solution for a challenge, looking for ways to be impactful and remain committed to Dr. Foss' vision of serving the community's needs. I have no doubt, with the long serving staff, families and supporters of Foss, we are making Dr. Foss proud.

Foss is so much more than a building and services. The real 'Foss', whether it be the L. C. Foss Sunset Home or Foss Home and Village, is strength, commitment and innovation. It is the feeling and vision of Dr. Foss. So Foss' next 10 years, 20 years, may bring new programs, staff or services, but it will still be "Foss" since the spirit of L.C. Foss is alive and well.

Letter From Rick

Rick Henry, President & CEO

It is the inspiring spirit of Dr. L.C. Foss that is the cornerstone of our incredible 90-year legacy. Looking back on our past and the remarkable work of Dr. Foss is truly inspiring. To justly honor this amazing heritage, we must also consider what lies ahead. How do we carry on this amazing legacy and mission?

The winds of change are here and it is time to set sail. The future of aging services is predicted to be very different than what it is today. Changing consumer expectations, evolving payment models, advancements in technology, increased regulatory scrutiny and a shrinking workforce are all driving forces that are causing rapid change. We are being challenged on a daily basis to look for new solutions and innovate ways to serve in a very turbulent environment.

What does the future have in store for Foss? How do we address upcoming trends and remain relevant? What role will we play in meeting the needs of older adults? These are the kinds of significant questions that we are asking as an organization. As we plan strategically and look ahead to the future, one thing is clear.
The spirit of Dr. L.C. Foss and his legacy will remain at the center of our hearts and mission:
Transforming Lives with Dignity and Grace.

Rick Henry
Ex-Officio President

The 2nd Annual Foss Mini-Golf Tournament was a great success.

Thank you to all who played.

Thank you to our hole sponsors:

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Heartfelt Gratitude to Donors

Gifts given from 5/26/19-9/5/19

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Remember when you make a gift to Foss, you give through Foss to our residents. We all thank you.

www.fosscare.org

Quality care and services, business referrals and employment opportunities are not a condition of donations received.

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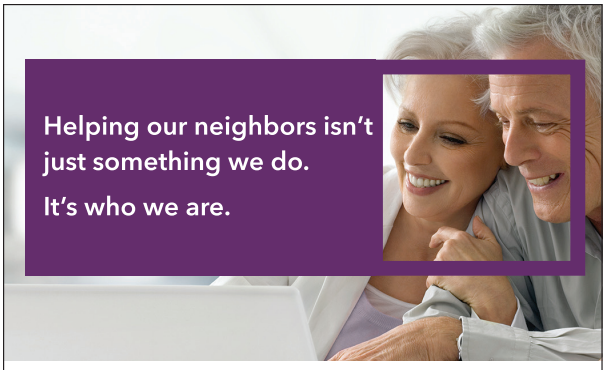
Thank you to The Vinod Raj Paul Endowment Fund for awarding grant funds to assist with our new Foss bus purchase.

We are grateful for the support



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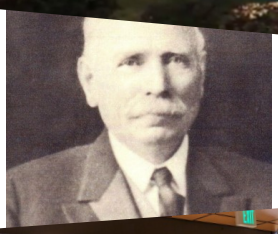

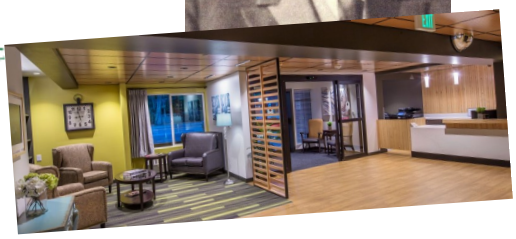

If you would like to join us, please RSVP by October 5th

Kim Hardwick: 206-834-2581 or khardwick@fosscare.org

This event will honor and recognize staff, volunteers, families, donors and community partners that are part of the Foss Legacy. There will be displays from Foss past and present, a buffet dinner and an inspirational speaker.

Saturday, October 12, 2019 5pm-7-pm ~~ Nile Country Club/Mountlake Terrace

Speaker: Erik Lindbergh (Charles Lindbergh's grandson) Will talk about Legacy

10th Annual Foss Farmers Market

Thank you to everyone who attended and to our Buy for a Cause donors

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Visit our website and explore
what Foss has to offer :
www.fosscare.org

Growing Gracefully is a publication of Foss Home and Village, a not-for-profit organization which promotes living with dignity for older adults. For information about our services please call (206) 364-1300 or see our website at www.fosscare.org. Questions, comments and suggestions for this newsletter can be directed to Foss Outreach at khardwick@fosscare.org or (206) 834-2581.

Order before 12/31/19

Leave a legacy for yourself, family member or words of wisdom for those that visit Foss in the future.

Foss is designing a Healing Garden for residents, families and staff to enjoy and find some quiet serenity. Part of the Garden will be an installation of engraved bricks. Be part of the Foss legacy.

There are 2 sizes available:

8 x 4 which allows 3 lines/20 characters per line for $90.00 - After 12/31/19 the cost is $135.00

8 x 8 which allows 6 lines/20 characters per line for $180.00 - After 12/31/19 the cost is $270.00

Pick up an order form at the Foss front desk or order on line.
If you have any questions, contact Kim Hardwick 206-834-2581 or khardwick@fosscare.org.

https://www.brickmarkers.com/donors/foss/

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